



Video Transcript: Exploring Work

What do you want to be when you grow up? Has anyone ever asked you that question? Have you ever thought about what you want to be? How are you supposed to know the answer to that?

I mean, sure, everyone knows about teachers, doctors, and police officers, but what about all the other jobs out there that you might like? In today's world, there are so many options. You have choices!

So where do you start? How do you know what work you might be good at? Finding out the answers to these questions is called career exploration. It's about understanding your strengths and interests.

Career Exploration is also about discovering what job or work may be good at. Doing this can help you figure out what education you need, what skills you need to learn, and give you the confidence to reach your goals.

Let's get started on your journey to find out more.

As you travel along the road to your future, you will

- **Explore** your strengths and abilities
- **Uncover** what type of work you are interested in and what your options are
- **Discover** what kind of education or training you need to reach your job goals
- **Find** resources and tips to guide you
- **Gather** some ideas for next steps

Now let's get started!